



101 Tips for Recovering from Traumatic Brain Injury: Practical Advice for Tbi Survivors, Caregivers, and Teachers

By Kelly Bouldin Darmofal

Loving Healing Press, United States, 2015. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****. Kelly Bouldin Darmofal suffered a severe TBI in 1992; currently she holds a Masters in Special Education from Salem College, NC. Her memoir *Lost In My Mind: Recovering From Traumatic Brain Injury (TBI)* tells her story of tragedy and triumph. Kelly will be teaching *TBI: An Overview for Educators* at Salem College. Kelly's tips were learned during two decades of recovery and perseverance; they include: Ways to avoid isolation and culture shock post-TBI Tips for staying organized in the face of instant chaos Strategies for caretakers and teachers of TBI survivors Life philosophies that reject despair How to relearn that shoes must match Why one alarm clock is never enough, and A breath of humor for a growing population with a silent illness --TBI Those who suffer from TBI should benefit from Kelly Darmofal's advice. She speaks often of the value of a sense of humor in dealing with TBI symptoms and quotes Viktor Frankl who believed that humor was one of the . . . soul's weapons in the fight for self preservation. I...



Reviews

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