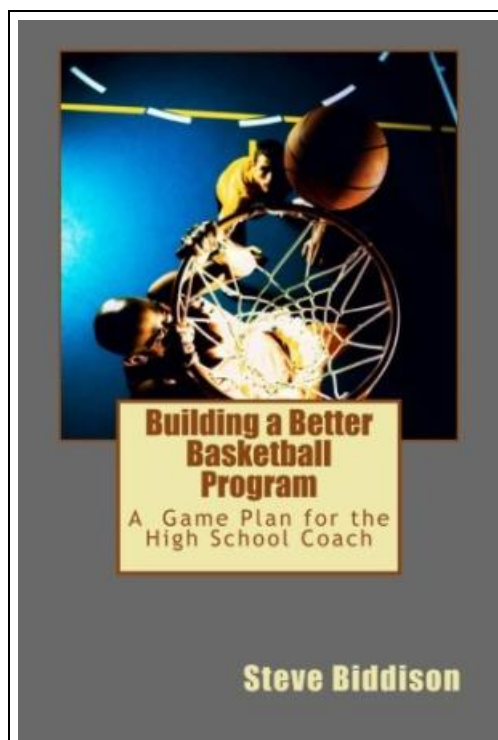


## Building a Better Basketball Program: A Game Plan for the High School Coach



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## BUILDING A BETTER BASKETBALL PROGRAM: A GAME PLAN FOR THE HIGH SCHOOL COACH



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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Whether you are a new basketball coach or a seasoned veteran in the coaching ranks, Building a Better Basketball Program will help organize your thoughts, goals, and plans for each basketball season. From developing or tweaking your coaching philosophy to planning and scouting opponents, this book details a step by step plan that will enhance your total basketball program. In Building a Better Basketball Program, Coach Biddison takes you through each stage of basketball season that includes ideas for pre-season and off-season work, including key points concerning strength and conditioning. His belief that planning and execution is the backbone behind turning a weak program into a good program and a mediocre program into a great program is evident throughout the book. In Building a Better Basketball Program, you will see not only how to plan your season, but you will learn 20 key qualities of a leader that cannot help but make you a better coach. Table of Contents Why Do We Coach Developing Your Coaching Philosophy The 20 Most Important Qualities a Coach Can Have Building Confidence Into Your Players Strength and Conditioning Using Your Assistant Coaches A Plan for the Total Basketball Program Choosing Your Roster Practice Planning: Fundamentals are for Champions Scheduling Meet the Parents Scouting The Basketball Calendar.



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