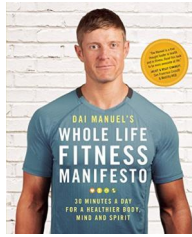


Dai Manuel s Whole Life Fitness Manifesto: 30 Minutes a Day for a Healthier Body, Mind and Spirit



Book Review

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(Dr. Furman Anderson Sr.)

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