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## LEAVING ABUSE BEHIND



Dog Ear Publishing, LLC. Paperback. Condition: New. 56 pages. Dimensions: 7.8in. x 4.8in. x 0.3in. Leaving Abuse Behind is a concise guide and workbook for the adult who is healing from having been abused in childhood. Whether the abuse was sexual, verbal or physical in nature, if it was serious enough to produce severe trauma, this book can help. Designed to supplement psychotherapy and other healing modalities, the book sets out the steps needed for healing, and discusses the phenomena a...

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- Authored by Sarah Daniel
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