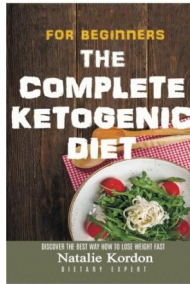


## The Complete Ketogenic Diet for Beginners: The Step by Step Guide to Total Health



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