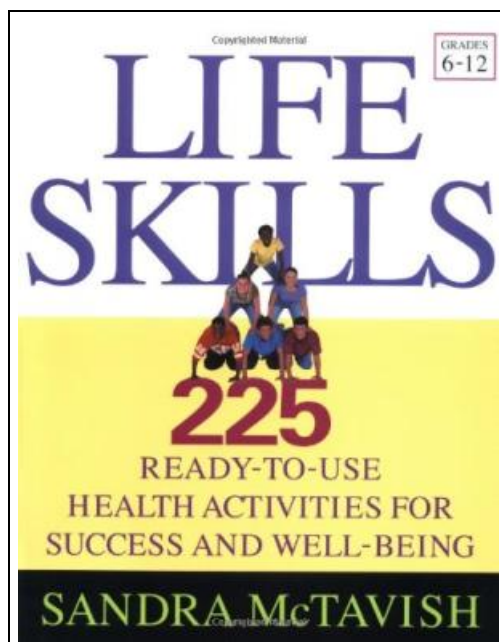


Life Skills: 225 Ready-To-Use Health Activities for Success and Well-Being (Grades 6-12)



Filesize: 9.74 MB

Reviews

*Absolutely essential study book. It normally is not going to charge excessive. I am delighted to inform you that this is basically the finest ebook we have study during my very own lifestyle and can be he greatest publication for at any time.
(Dr. Willis Paucek II)*

LIFE SKILLS: 225 READY-TO-USE HEALTH ACTIVITIES FOR SUCCESS AND WELL-BEING (GRADES 6-12)

DOWNLOAD



Jossey-Bass. Paperback. Book Condition: New. Paperback. 284 pages. Dimensions: 10.9in. x 8.5in. x 0.9in. Life Skills is a practical resource that gives teachers 225 ready-to-use worksheets that cover a wide variety of key life skills. The book addresses topics such as drug and alcohol use, sex, relationships, stress, food-related issues, and self-esteem. Life Skills is an easy-to-use, time-saving book that is designed for grades 6-12 and helpful for both new and seasoned teachers. For quick access and easy use, the worksheets are organized into eight sections and are printed in a large 8 1/2 x 11 format that folds flat for photocopying. Here's an overview of what you'll find in each section: Drugs, Alcohol, and Smoking: Trends in smoking, second-hand smoke, reasons why people smoke and ways to help people quit, facts about drug use, the classification of different drugs, alcoholism, fetal alcohol syndrome, as well as drinking and driving. Sex and Sex-Related Issues: Male and female sex organs, why people have sex, facts and myths, birth control, options after getting pregnant, sexually transmitted diseases, homosexuality, infertility options, sexual harassment, and date rape. Love, Relationships, Marriage, and Family: The role of friends in our lives, negative aspects of cliques, dating and love, love and infatuation, qualities in an ideal mate, problems in marriage, why marriages end, family life cycles, and nontraditional families. Life Skills: High and low self-esteem, long and short range goals, learning assertive behavior, dealing with difficult people, conflict resolution, what makes a good leader, effective communication and time management skills, and problems with violence. Stress: What makes you stressed, reactions to stress, coping with stress, suicide, death, and dying. Food and Food Related Issues: Improving eating habits, the food pyramid, information about calories, water, vitamins, protein, carbohydrates, fiber, fat, additives, and eating disorders. Know Your Body and Body...



[Read Life Skills: 225 Ready-To-Use Health Activities for Success and Well-Being \(Grades 6-12\) Online](#)
[Download PDF Life Skills: 225 Ready-To-Use Health Activities for Success and Well-Being \(Grades 6-12\)](#)

Relevant Books



What Do You Expect? She s a Teenager!: A Hope and Happiness Guide for Moms with Daughters Ages 11-19

Sourcebooks, Inc, United States, 2011. Paperback. Book Condition: New. 208 x 140 mm. Language: English . Brand New Book. If your little girl has suddenly turned into one big eye roll, then Arden Greenspan-Goldberg s...

[Save eBook »](#)



Bullies Don t Bother Me: Biblical Conflict Resolution Strategies for Kids

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Bullies are noisy, bossy, rude, threatening, or annoying people that lack courage and...

[Save eBook »](#)



Fun to Learn Bible Lessons Preschool 20 Easy to Use Programs Vol 1 by Nancy Paulson 1993 Paperback

Book Condition: Brand New. Book Condition: Brand New.

[Save eBook »](#)



Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel s System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download...

[Save eBook »](#)



California Version of Who Am I in the Lives of Children? an Introduction to Early Childhood Education, Enhanced Pearson Etext with Loose-Leaf Version -- Access Card Package

Pearson, United States, 2015. Loose-leaf. Book Condition: New. 10th. 249 x 201 mm. Language: English . Brand New Book. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies...

[Save eBook »](#)