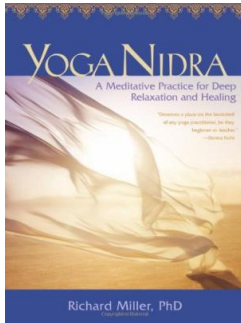


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## YOGA NIDRA: A MEDITATIVE PRACTICE FOR DEEP RELAXATION AND HEALING (MIXED MEDIA PRODUCT)



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- Authored by Richard Miller
- Released at 2010



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