



## Grown-Up ABCs Momma Taught Me

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By Flo McAfee

Outskirts Press, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A is for awake. Wake up. Rise up. Wipe the morning gook from your eyes. Stay awake, even when living fills your spirit with the blues. Because some days we wake up with the blues. But don't let them eat your innards out. Grown-up ABCs Momma Taught Me is filled with inspiration and encouragement from A to Z. The full-color illustrations and powerful messages offer grown-ups a cool take on wisdom for their journey through life. Author and illustrator Flo McAfee shares the gifts she received from her mother, grandmother, mother nature and so many others that fueled her successful career and optimistic outlook. This book is mother wit for the 21st century.



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