



See: Spiritual Eternal Energy. Teachings from the Guardian Angel Astra

By Harlas, Anna

Harlas Publishing, 2001. Paperback. Condition: New. Stated first edition; stated first printing. Original covers, gray paper, 155 pp. Softcover, new. Tight, clean, paper crisp, unmarked, and never read. Per blurb, " 'Spiritual Eternal Energy' is a reference book referring to our emotions and our perceptions. It is a guide to a new understanding of the self. We perceive that we are just our physical body. But, this is not true. We are rather, seven bodies of energy. They include the physical, the ether, the astral, the emotional, the mental, the ego, and the spiritual body. This book teaches us about them and the power that we all possess. The power, which creates our freedom, so that we are no longer trapped in the struggle of our mundane, physical existence. This work lifts the spirit and fills our ego bodies with a peaceful hope. Through positive guidance and powerful thought forms that resonate deep within our memory of our True selves, we are guided to understand that we can only obtain freedom through the mind and the heart. When you read these words, the truth will resonate throughout your emotional body. Moment to moment, as you open this book to any...



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