

## This is How You Get Better (Paperback)



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### ***Reviews***

*A must buy book if you need to adding benefit. It is really simplified but shocks in the 50 percent of the pdf. I found out this pdf from my i and dad recommended this publication to learn.  
(Zetta Armstrong III)*

## THIS IS HOW YOU GET BETTER (PAPERBACK)



Amal Awad, Australia, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Guilt is an emotion for which I have no time. It s exhausting, stops you from having any fun, and is the equivalent of one of those T-shirts that says I went to [insert adventure] and all I got was this lousy T-shirt . In recovery mode after a messy divorce from a non-Muslim man, Lara Abdel-Aziz is estranged from her family and out of touch with her best friend Samira. Making ends meet by working in a fast food shop in Sydney, she also sings at a local bar, enjoying the anonymity of a favourite past-time. Local guitar player Leo is good company, but her only other interactions are with her mostly-absent flatmate lcky, and new age store owner Angela, who wants Lara to work for her and get in touch with her higher self. Lara is comfortably on autopilot until a near-assault at work forces her into counselling and she must start to unpack the events of her life and make peace with the past. Meanwhile, an unexpected encounter with Hakeem, the strict religious friend once in love with Samira, leads to an unlikely connection. As an attraction develops between them, they both begin to repair their broken lives. This is How You Get Better is the sequel to Courting Samira.



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