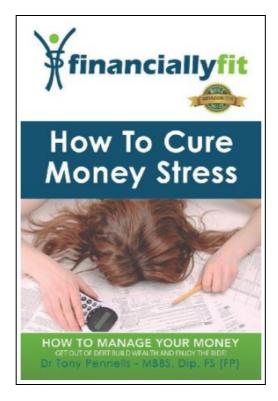
## How to Cure Money Stress Financially Fit



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## Reviews

It in a of my personal favorite book. It really is filled with wisdom and knowledge Your daily life period will likely be enhance the instant you total looking at this pdf.

(Mr. Rocio Schroeder Sr.)

## HOW TO CURE MONEY STRESS FINANCIALLY FIT



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Doncarie Pty Ltd. Paperback. Condition: New. 120 pages. Dimensions: 9.0in. x 0.2in.lt is the first in a series titled Financially Fit. My motivation for writing this series came from seeing thousands of people, including close friends and family, struggle with money throughout their working lives, never reaching a point of financial freedom. At the surface it seems so simple: provide for yourself today, whilst building your wealth to a point where you are financially secure enough to support yourself for the time when you no longer want, or are unable, to work. However, the reality is very different for most people. Very few ever achieve true financial security and the majority of the population find that money worries rob them of their day-to-day peace of mind. From a young age I saw my parents struggle with this as well. Arguments over money - how and where it was being spent, and worry over whether there would be enough to last until the next payday, let alone trying to save extra for the future placed tremendous stress on their marriage. This was ultimately a major factor in their divorce when I was in my early 20s. This shocked me. I couldnt understand why they were not able to get this part of their lives together. It shouldnt have been that hard. I made a commitment to myself that I would not make the same mistakes - I would have a different future. This commitment marked the beginning of my journey to discover the differences between those that have and the have-nots, the people who did become financially secure versus those that did not. What I discovered is that the pathway to financial security is actually quite simple. However, simple doesnt necessarily mean easy. Like any fitness program, it involves...



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