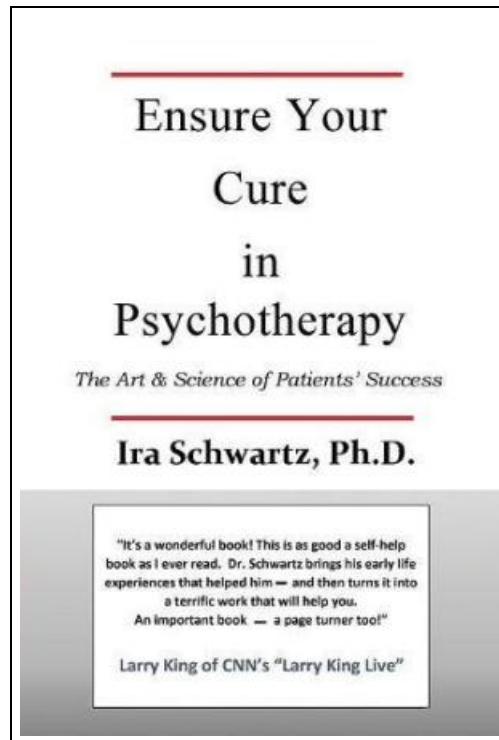


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Outskirts Press. Paperback. Condition: New. Dimensions: 9.0in. x 6.0in. x 0.3in.-Its a wonderful book! This is as good a book as I have ever read. Dr. Schwartz brings his early life experiences that helped him-and then turns it into a terrific work that will help you. An important book-a page turner too!- --Larry King of CNNs -Larry King Live- AFTER REPEATED PHYSICAL ABUSE from his father, Dr. Schwartz was further traumatized, when he was 12, by his fathers suicide. He suffered for 16 years; finally, he found psychotherapy and achieved a cure through it. Renewed, he became a psychologist, psychotherapist, mentor, and researcher, in practice now for 44 years. In early years, he experienced anguish, but now joy prevails, a feeling he hopes others will experience by reading Ensure and using its concepts. YOU TOO MAY PREVAIL even if suffering from oppressive distress. Ensure can help you, as per Larry King, because it was written for you, that is, for patients: what they need to know and do to succeed in treatment. Along those lines, Ensure is able to help you, because it focuses on you; thousands of psychotherapy books exist, but mainly those are for a therapists perspective. Therefore, it must be emphasized: Ensure is for patients. Furthermore, a revealing letter written by his father, and a synopsis of the abuse his father inflicted on him, are included in Ensure to help you realize what Dr. Schwartz had to overcome, how he did it through therapy, and, it follows, how you can find help through Ensure. CURATIVE FACTORS AND MAINSTAYS of treatment, drawn from authoritative sources, abound in Ensure. Other methods and techniques that worked for him when he was a patient are included, plus those he developed through decades of experience. Its all designed to help patients help...



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