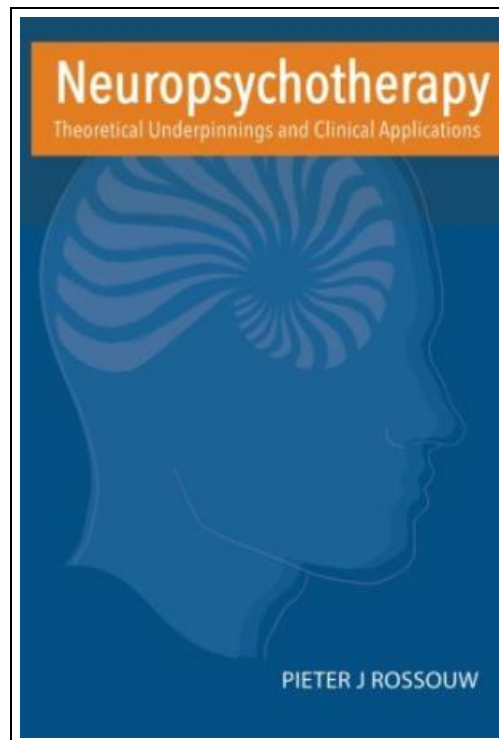


Neuropsychotherapy: Theoretical Underpinnings and Clinical Applications



Filesize: 5.64 MB

Reviews

Excellent e-book and useful one. It is written in straightforward phrases rather than confusing. I am just very happy to explain how here is the finest publication I have got read through in my very own lifestyle and might be the greatest book for possibly.
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Createspace, United States, 2014. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In this book Pieter Rossouw and his colleagues have made a wonderful and exciting contribution to the world of psychology, psychotherapy and counselling by bringing into practical reality the importance of an integrative approach to the psychosocial care of others. The book presents a ground-breaking, new integrated model of neuropsychotherapy, based on years of research, clinical practice and teaching in the neuropsychotherapy field. Dr Rossouw s integrated model of neuropsychotherapy develops and enhances the theoretical work of Seymour Epstein and Klaus Grawe and recognises that safety in the therapeutic alliance is a core component and guiding tenet of a neuropsychotherapeutic approach. Through the principles of neuroscience the book takes us on a challenging, yet exciting journey exploring the application of brain-based therapies. Section A of the book (chapters 1, 2 and 3) reviews the development through history of how neuroscience has informed schools of psychology and therapeutic approaches, and critiques existing theoretical constructs. Section B (the remaining 17 chapters) offers a series of case studies, written by practising clinicians from across Australia, in varying clinical settings and the application of a neuropsychotherapeutic approach and principles for a wide range of psychopathologies. This book is the culmination of a significant interest in and passion for engaging with people suffering from a range of mental challenges. It is also the result of a passion for understanding the human brain and how our genetic footprint is expressed through engaging with the environment. It is this interaction that leads to genetic expression and (in safe, enriched environments) leads to healthy neural development and the capacity not only to survive the challenges of life but also to thrive. When survival is compromised, changes...



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