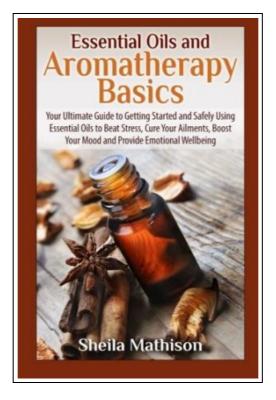
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Createspace, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand ******. Essential Oils Aromatherapy Basics Great book on essential oils, highlighted a ton of info in here and I would highly recommend the book if you re looking to better understand and use essential oils. - Peter A. What are Essential Oils? Why would I care what they are? Are Essential Oils really that beneficial to me? If these are questions you have been asking, then this book is exactly what you need. Essential oils have been used for thousands of years to cure our physical maladies, boost our moods and soothe our mental state. Essential oils continue to be sought after to create relief from what ails us. Even better, essential oils lack all the undesirable and potentially harmful side effects contemporary pharmaceuticals can cause. These oils are beginning to make a comeback as more and more people seek out organic solutions to our body s disorders. Essential Oils Aromatherapy Basics is your guide to using natural methods to enhance your life and heal your ailments This beginner s guide contains a wealth of useful information gathered from reliable and highly regarded sources. Inside this comprehensive resource you will find numerous helpful tips and guidance on buying, storing, and using essential oils so you can get started on the right path with confidence. Here Is A Preview Of What s Inside. What Are Essential Oils?History of Essential OilsWhy Use Essential OilsDifferent Types of Essential OilsUsing Essential Oils For the BodyEssential Oils For the HomeWhere To Buy Essential OilsAnd much, much more! This book is an indispensable primer for anyone seeking to learn about Essential Oils from the most basic level. There is an entire chapter devoted to using essential oils on your body...

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