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## Salads: Over 60 satisfying salads for lunch and dinner

## By Sue Quinn

Hardie Grant Books. Paperback. Condition: New. 192 pages. Over eighty quick, easy, and delicious recipes perfect for light, fresh lunches as well as hearty dinners. Proving that salads arent just for health kicks, these recipes are inventive, bold, and often satisfying meals in themselves. Sue Quinn presents an explosion of textures, flavors, and colors and shows that an artfully prepared salad is one of the most delicious dishes you can eat. Covering three main types of saladsgrains and pulses; meat, fish, and cheese, and vegetable-basedsomething to suit every taste and mood. From the quinoa with pesto and feta salad to the falafel-and-salad combo, there are some super-hearty salads sure to satisfy the biggest of appetites. Featuring classics like the chicken Waldorf; creative ideas like chorizo, peppers, and chickpea. And a section on dressings to take these dishes to new heights, Salads offers minimum preparation and maximum flavor for those who love nutritious, wholesome food. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



## Reviews

A must buy book if you need to adding benefit. This is for anyone who statte that there had not been a well worth reading through. Its been designed in an exceptionally straightforward way which is simply right after i finished reading this book where basically changed me, change the way i think. -- Adrien Robel

Very good e-book and valuable one. It can be writter in basic words and phrases and not confusing. You will not really feel monotony at whenever you want of your own time (that's what catalogues are for concerning should you check with me). -- Mr. Antwon Frami

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