



The Little Black Book for Girlz: A Book on Healthy Sexuality

By St Stephen s Community House

Audible Studios on Brilliance, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. A super-important guide for girls - written by teens for teens. Check it out: not just a book about sex, but a look at girl culture by teenagers. No stuffy school textbook. No nosy adults. Just a diverse group of teen girls from a community youth project who had questions about sexuality. To find answers, they collected stories, poetry, and artwork from other youths. They also interviewed frontline health experts to get solid facts about the personalities and pressures that young women have to deal with. It s a great mix of real-life examples and life-saving info. Topics include: RelationshipsPeriodsSexBirth controlPregnancy Sexually transmitted infections/AIDSexual assaultAll the content has been vetted by doctors, and the book is endorsed by health professionals - so girls know they re getting good info. There s also a section with places to contact to find out more. It s all stuff that young people need to know. The Little Black Book for Girlz is an important, take-anywhere empowerment guide. Girls shouldn t leave their teen years without it.



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This pdf is definitely not easy to get started on studying but quite entertaining to read through. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Ms. Fatima Erdman**

This ebook is really gripping and interesting. It is among the most remarkable pdf we have study. It is extremely difficult to leave it before concluding, once you begin to read the book.

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