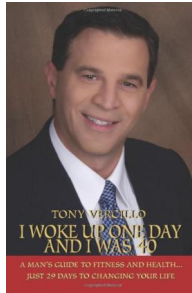


## I Woke Up One Day and I Was 40 A Mans Guide to Fitness and Health.Just 29 Days to Changing Your Life



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