



Understanding Your Perfect Match (Paperback)

By Kristin Delibero

Createspace Independent Publishing Platform, United States, 2012. Paperback. Condition: New. Large Print. Language: English. Brand New Book ****** Print on Demand ******. The first workbook of its kind! This workbook is for horse lovers as well as horse owners! For the first time the rider is guided with tools and exercises to grow their own self awareness. It is getting clear on what rider you are. Through this awareness it opens for understanding of what horses of the three horse persoanlity types are the best fits for you as a rider. It then goes into detail on better understanding and connecting to the three horse personality types. This is also a great introduction to energy awareness and connection for a healthy relationship. This is a self awareness Rider coaching book, mixed with energy awareness and gaining healthy relationship building. This is also the equine rider or horse lover looking to build a heart felt connection with healthy relationships to another. Think Wayne Dyer, or Louise Hay, all with rider self awareness.



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