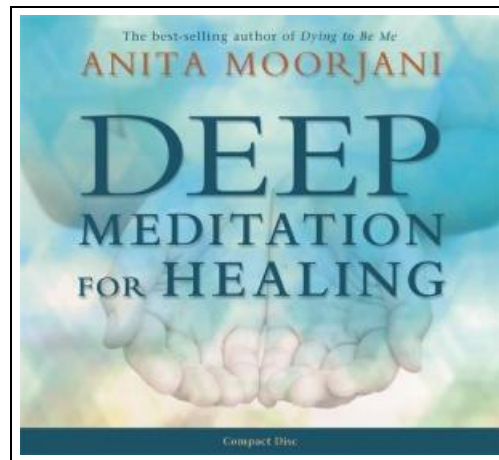


Deep Meditation for Healing



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Reviews

This is actually the best book i actually have go through right up until now. It generally will not price an excessive amount of. I discovered this book from my dad and i suggested this book to understand.

(Norma Carroll)

DEEP MEDITATION FOR HEALING



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Hay House UK Ltd, United Kingdom, 2012. CD-Audio. Condition: New. Unabridged edition. Language: English . Brand New. In February 2006, Anita Moorjani faced end-stage terminal cancer, and doctors were resigned to the fact that she was in her last hours of life. She had lymphoma, which had spread throughout her body, and her organs were already shutting down. She went into a coma and experienced what has been termed a near death experience (NDE). Yet Anita woke up. and within 24 hours of coming out of the coma, she had a new-found knowing about her own life. Subsequently, her body healed very rapidly, and within weeks doctors found no traces of cancer. When you ve been diagnosed with a serious illness, it is natural to feel fear and emotionally stressed, whereas your body would benefit more from a relaxed state of mind. The combination of emotional stress and fear, and the resultant mental chatter, depletes your energy. If you are currently dealing with a health challenge, your energy is better utilized when directed toward your healing and wellbeing. When your mind is relaxed, you are more able to support your body, nourishing it and giving it what it needs. The programme on this CD has been specially created to assist those who are currently going through physical challenges in their bodies, and may be inspired by what Anita experienced during her own journey to healing. It contains a highly specialized program of sound at different frequencies to guide you to a state of very deep and meditative relaxation. The benefits include: * Assisting you in releasing your fears by relaxing your mind * Giving you more energy to focus toward physical healing * Entraining your mind to support your body and restore wellness.



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