



# Living off Spaghetti Sauce Low budget food thats hearty to survive on Low Budget Guide Series Volume 1

By Adrienne M. Clark

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 24 pages. Dimensions: 8.0in. x 5.0in. x 0.1in.My husband and I have spent the last decade perfecting our version of spaghetti sauce. After trying some my co-worker asked for lessons. This book is that lesson. It is a recipe that is so versatile you can use it with just about any tomato based recipe. Now when I say spaghetti sauce, I am not talking about the basic authentic spaghetti sauce most people consider. This would be a more general tomato based sauce but its easier and quicker to say spaghetti sauce. In our house, thats what this is. This also contains a sample of different variations that can be made and how the left overs can be used for a wide variety of alternate meals. This is excellent for someone who is looking to make a single meal that can be turned into many more. Basically, if youre broke, this is for you. It covers the majority of your dietary needs and is hearty enough that you shouldnt be hungry later (and if you are, there should be plenty of leftovers waiting to go into your tummy)....



### Reviews

It is an awesome pdf i have possibly go through. It really is filled with wisdom and knowledge You will not really feel monotony at whenever you want of your time (that's what catalogues are for relating to in the event you ask me).

-- Horace Schroeder

Very helpful to all class of folks. Better then never, though i am quite late in start reading this one. You can expect to like just how the blogger create this pdf.

-- Mandy Larson

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