

Declutter Your Life: More Clarity Less Sh*t (Paperback)



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Reviews

It becomes an awesome publication that I actually have actually read. It really is written in simple terms and not difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Talia Cormier)

DECLUTTER YOUR LIFE: MORE CLARITY LESS SH*T (PAPERBACK)

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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Have you ever looked around your home and wondered how all this clutter is affecting your life? Perhaps you trip over things while you are cleaning. Perhaps the things that you surround you with don't live up to their promise. More and more people are turning to minimalistic lifestyles because they have decided that they no longer want to live the consumer life that advertisements insist that they live. Instead of finding their security and happiness in possessions, they actually find freedom and clarity by letting go of excess. You may not think that you are that bad, but look around your home. You are given tips on how to approach each room in the house and perhaps take a look from the perspective of someone who has never entered those rooms before. I talk about focal points. I talk about how clutter is affecting your psychologically. I also add a lot of information on what your life will be like once you have taken the plunge. You will find: Your self-esteem will soar You will feel relaxed in your home You will cut down on 40 percent of the time spent doing housework You will be more confident You will be able to see your life with clarity Even if your home is not as cluttered as those shown on popular TV shows like Hoarders you really do need to assess your home and make the decision to move forward in your life. When you do, you will find that life unfolds in a much more positive way and that you see things in a different light, making space for creativity and enjoyment.



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