

## Own Movember: How to Grow More Facial Hair, Feel Manlier, and Overcome Your Genetics (Paperback)



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### ***Reviews***

*Here is the best ebook i actually have go through until now. It really is simplistic but shocks within the fifty percent in the ebook. Your daily life period will probably be transform once you total reading this book.*  
*(Elaina Funk)*

## OWN MOVEMBER: HOW TO GROW MORE FACIAL HAIR, FEEL MANLIER, AND OVERCOME YOUR GENETICS (PAPERBACK)



To read **Own Movember: How to Grow More Facial Hair, Feel Manlier, and Overcome Your Genetics (Paperback)** PDF, make sure you refer to the hyperlink under and save the document or gain access to other information which might be highly relevant to OWN MOVEMBER: HOW TO GROW MORE FACIAL HAIR, FEEL MANLIER, AND OVERCOME YOUR GENETICS (PAPERBACK) ebook.

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Things have never been worse for the boy face -the unfortunate souls unable to grow adequate facial hair. Facial hair has long been associated with wisdom, virility, and above all, manliness. A full beard is one of the clearest indications of healthy testosterone levels in the body; which is wired into men s and women s brains as being a highly desirable trait. If that isn t bad enough, every November has become an annual reminder of the boy face s ineptitude. Movember -the annual event where men grow moustaches to raise money for men s health issues-has grown from local fundraiser to worldwide phenomenon in less than a decade. Unfortunately, a quirky, clever way to bring about much needed attention to men s health has transformed into an annual referendum on manliness. During Movember, the boy face gets chastised for being uncharitable at best and unmanly at worst. I had heard a million times from doctors that facial hair is dictated by genetics and that it was pointless to try and fight my genes. I was told I should be thankful that I didn t have to shave every day! Well, I wasn t willing to accept those answers or my genetic facial follicle growing deficiencies. There had to be a way to overcome my genetics and to turn the odds in my favour. I knew I was never going to be confused for a member of ZZ Top or Duck Dynasty, but I desperately wanted to grow a real beard. This book documents my journey from Movember chump to champ. I ll give you some background as to why some men are able to grow a beard by...



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